



Do I want orthodontic treatment???

What?

Orthodontics involves the use of braces to reposition and straighten the teeth. We can use removable, functional or fixed types of braces.

Why?

Primary benefits of orthodontics are for appearance only. Straight teeth can improve your smile and your confidence.

The treatment may also make it easier to clean your teeth and improve your bite.

However, please remember that orthodontic treatment is not essential though may be beneficial.

Commitment.

Only undertake treatment if you are one hundred percent sure you can complete it. Half finished treatment, (after you have had teeth removed) may leave you in a worse situation than you started with.

During treatment, you need to be seen regularly, look after the braces and your teeth, clean very carefully and avoid sweets and fizzy drinks, active treatment often lasts around eighteen months.

Risks.

As with all medical treatment, some problems can arise which you should be aware of.

PAIN – After tightening, your teeth will move and this may be painful.

This never lasts long and a painkiller (normally for headaches) will help.

DECALCIFICATION – if the teeth are not kept extremely clean and sweets and fizzy drinks avoided, your teeth may cause unsightly brown rings around the teeth, which are permanent. This will have a disastrous effect on your appearance. If it appears that you are not looking after your teeth the brace will be removed, even if the treatment has not finished.

Before agreeing to treatment it is important to understand the benefits and the possible problems of orthodontic treatment.

After you have read this information sheet, if you have any further questions, please ask Mr.A.Gemmell, he will be glad to answer any queries.